

Belonging through art expression

Wednesdays 2 - 4 pm

Are you looking for a space to connect with others to feel a sense of belonging?

Join our Art Workshop “Belonging through Art”, where we aim to provide a safe and supportive environment. Here you can freely express yourself through art and connect with other individuals.

Whether it is about using shapes and colors to embody our emotions, sharing stories, or building relationships, we believe that art has the power to unite and empower us to overcome shared challenges.

Our focus?

Accessible workshops with a focus on community, wellbeing, and inclusivity through creative activities.

Who is welcome?

Everyone. We offer a welcoming space for everyone, including but not limited to gender identity, gender expression, race, ethnicity, class, religious beliefs, sexual identity, and sexual expression, or physical ability.

Time? Please be on time as the doors are closed. We pick you up outside the door 5 min before we start. We start and end the workshop together.

Held by a creative therapist who is a Caucasian cisgender woman.
Roxana Sillmen (she/her)

Instructions

No prior artistic experience is required! - whether you are an experienced artist or have never picked up a paintbrush, we welcome you to join us on an empowering artistic journey. Together, let's create an environment that makes everyone feel heard and understood!

Time? Please be on time as the doors are closed. We pick you up outside the door 5 min before we start. We start and end the workshop together.

See all workshops & register here: bookwhen.com/wellbeing4everyone

Any Questions? info@wellbeing4everyone.com

Free of charge!

Where?

Interkulturelles Haus
Gesslerstr. 11 | 10829 Berlin

Insta: [@wellbeing4everyone_berlin](https://www.instagram.com/wellbeing4everyone_berlin)

Facebook: [wellbeing4Everyone](https://www.facebook.com/wellbeing4Everyone)

www.wellbeing4everyone.com

